

WELCOME BACK TO IN-PERSON YLAT MEETINGS - BIDDEFORD/YORK

Thursday, March 7th, 4:00 - 6:00 PM
J. Richard Martin Community Center, 1st Fl. Room 2
189 Alfred Street, Biddeford

Join YLAT staff, your Youth Transition Specialist, and other
YLAT members:

SPRINGING INTO ACTION!

AGREEMENTS:

Revisit YLAT group
agreements / set
expectations for being
in space together



HAVE FUN!!!
"Heads,
Shoulders, Knees,
Cups" Competition



Skill Builder: Coming into spaces as our "whole
selves"; what are the different spaces we each
engage with; how do we determine how we show
up in space and put our best foot forward?

SKILL

**Gratitude's
and
Mindfulness**



Updates

Teen Conference
Planning Committee,
Policy Summit, NEYC
Meeting, Virtual
Workforce
Development Training



CONNECTIONS FOOD FUN!

For questions, contact:

Youth Transition Specialist (YTS)

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