

The Youth Transition (YT) Agreement Can Help Your Future

IF YOU ARE 18 THIS IS FOR YOU!

Offered to all youth in foster care who are turning 18, except in limited circumstances, the Youth Transition (YT) Agreement (previously called V9) can provide support while you gain your independence. The V9 agreement was created to help you continue with education or career training, work, or care for extreme health issues.

Youth can enroll in the YT Agreement anytime up to their 23rd birthday!

BENEFITS OF THE YT AGREEMENT:

- Support for Post-Secondary Education Or Training Programs
 - ✓ Post-Secondary Supports may include funds for Books, Supplies, Parking Decals, etc.*
- Driver's Ed and/or access to transportation resources
- Housing assistance
 - ✓ Housing supports may include funds for deposits, utilities, and start-up items such as kitchenware, furniture, etc.*
- Collaborative team meetings to help you positively identify your strengths, needs, and future plans
- Financial Support and Resource Support

**Financial supports are negotiated, taking into account your income, circumstances, and reasonable expectations of your contribution to living expenses.*

WHAT TO EXPECT:

Youth Responsibilities:

- Communicate progress about work/school grades & needs
- Complete a budget
- Access supports that will help you succeed
- Provide needed documentation to show you remain eligible

Caseworker Responsibilities:

- Ensures the YT Agreement is consistent for all youth participating
- Work with youth to promote self-sufficiency
- Continue to focus on building lifelong connections
- Work with you to develop an individualized plan that ensures you have a variety of opportunities, resources, and supports that are useful
- Support you to direct your plan, develop your skills, and achieve your goals

For more information about the YT talk to your caseworker or a Youth Transition Specialist, located in your local DHHS office. To find a Youth Transition Specialist visit <https://www.ylat.org/ylat-3/transition-workers/>

Or contact Dulcey Laberge, Youth Transition Team Program Manager, at (207) 624-7928 or Dulcey.Laberge@maine.gov

