

WELCOME BACK TO IN-PERSON YLAT MEETINGS - BANGOR

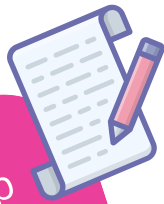
.....
Wednesday, March 13, 3:30 - 5:30 PM
UMA Bangor, Eastport Hall, Room 12, 128 Texas Ave., Bangor

Join YLAT staff, your Youth Transition Specialist, and other
YLAT members:

SPRINGING INTO ACTION!

AGREEMENTS:

Revisit YLAT group agreements / set expectations for being in space together



HAVE FUN!!!

"Heads, Shoulders, Knees, Cups" Competition



Skill Builder: Coming into spaces as our "whole selves"; what are the different spaces we each engage with; how do we determine how we show up in space and put our best foot forward?

SKILL

Gratitude's
and
Mindfulness



Updates

Teen Conference
Planning Committee,
Policy Summit, NEYC
Meeting, Virtual
Workforce
Development Training



CONNECTIONS FOOD FUN!

For questions, contact:

Youth Transition Specialist (YTS)

Colton Almodovar, 207.951.3721, or colton.almodovar@maine.gov