

ACTIVISM

YLAT

DON'T...

- 1 **Don't** feel like you're bothering people
- 2 **Don't** think it's too late
- 3 **Don't** name-call, swear, or use sarcastic or harmful language

4 **Don't** think you have to do this all by yourself

5 **Don't** pre-judge others

6 **Don't** give up!

DO...

1 **Do** ask for help when you need or want it

2 **Do** know you have control over what you choose to share

3 **Do** be clear about what happened, what you need, and how you feel

4 **Do** be straightforward and truthful

5 **Do** brainstorm different solutions and back-up plans

6 **Do** be ready to negotiate and answer questions

Advocating can help your voice be heard and create change!

