

Did You Know that Current & Former Foster Youth Have Access to Health Coverage after age 18?

As a young adult transitioning out of care or as a current foster parent, you understand that access to health and mental health services is of critical importance and can make the difference in the successful transition to adulthood. Having insurance means young adults can receive important physical, mental, and dental health services that can improve their well-being.

One of the most popular provisions of the Affordable Care Act (ACA) allows children under age 26 to stay on their parent's health insurance. Recognizing that children who age out of the foster care system do not have that important benefit, the ACA includes a similar provision for most young adults who age out of foster care.

Young adults who left foster care at age 18 or older and are still under 26 can enroll in MaineCare, Maine's Medicaid program, with no preconditions.



What You Need To Know:

- Eligible young adults may apply any time before they reach age 26
- There will be no income or resource tests and no premiums or co-pays for quality health care.
- Once enrolled the young adults will continue on MaineCare through age 26 but an annual review is required.
- Here are the best ways to apply or complete the review process: complete an online application at www.maine.gov/mymaineconnection, mail a paper application to the Office for Family Independence (OFI), 114 Corn Shop Lane, Farmington, ME 04938, call 1-855-797-4357, or visit one of OFI's regional offices in person.
- Young adults older than age 26 may qualify for subsidies on the health care exchange. Visit healthcare.gov or enroll207.com, a website for Mainers looking for healthcare. You can also call Consumers for Affordable Health Care Help Line at: **1-800-965-7476** or TTY: **1-877-362-9570**.