

## *What is Confidentiality?*

Confidentiality means that information about you and your situation is private.



Some confidential information may be shared with your care provider, family team, and the court.

You can talk to your caseworker about what information is being shared. All professionals, including your care provider, must keep the information that is given to them confidential.

If you are over 18, your consent is needed to release any information about you. If consent forms are confusing, ask your worker or someone else whom you trust to help explain them.

Friends or other people may ask why you are no longer living with your family. Remember, it is your decision to tell **or** not to tell this information. These questions may be difficult to answer.

It may help to talk with your caseworker, care provider or other adults whom you can confide in, so you can answer them in a way that helps you feel comfortable and safe.

“When things aren’t working the way you want them to, don’t give up and run away. Reach for something better.”

Lizz M., age 17

